

# Golfer Ability Levels

## You are a **NEW GOLFER** if:

- You have not received instruction covering swing fundamentals and the 5 basic shots of golf
- You aren't confident that you can execute the 5 basic shots of golf with consistency
- You aren't sure your practice sessions are helping or hurting
- You have little or no on-course playing experience
- You most often need 10 or more strokes to complete a hole; or you aren't sure
- You are not familiar with the rules and etiquette of golf

## You are an **ADVANCED BEGINNER** if:

- You have some playing experience, mostly 9 hole rounds
- You are gaining confidence in your ability to execute your shots
- You usually need 8 to 10 strokes to complete a hole
- You have some familiarity with the rules and etiquette of golf
- You are beginning to score your rounds and/or track the things you are working on

## You are an **INTERMEDIATE** player if:

- You play regularly, but weekly at most
- You have significant playing experience, including 18-hole rounds
- You can shoot 65 or less for 9 holes, 130 or less for 18 holes
- You know and play by the rules of golf
- You have an established handicap or are considering establishing one

## You are a **SKILLFUL** player if:

- You play regularly, 2 – 3 times a week
- You can shoot 95 – 115 regularly for 18 holes
- You know and play by the rules of golf
- You keep pace without difficulty
- You have an established handicap

## You are an **ADVANCED** player if:

- You play frequently – whenever, wherever with whomever
- Plays comfortably in tournament and match play situations
- You can shoot less than 95 regularly for 18 holes
- You have an established handicap and maintain it faithfully